

# West Burlington Elementary Falcon Flyer



December 2018

## Principal's Corner

- **Winter Break will be Monday, December 24th through Tuesday, January 1st! We are back in school on Wednesday January 2nd! Wishing you a safe, fun break!**
- **If school is cancelled, delayed or dismissed early due to inclement weather, it will be posted on the website and broadcast on various TV and radio stations. See page 33 in the handbook for a complete listing. Keep your telephone numbers updated so you get messages through our alert system as well.**
- **With the colder temps, please remember that breakfast kids are not allowed in the building until 7:35 a.m. Students not eating breakfast cannot come in to the building until 7:45 a.m. This is due to supervision issues. Please plan to drop your kids off at appropriate times to avoid waiting outside when temps are too cold.**

## Celebration Time

We were excited to see so many parents, grandparents and special guests at our last reward's assembly. Join us again this Wednesday, December 5th at 2:45 pm to celebrate the good character, hard work and responsibility of our students. Hope to see you there!

## PTO Santa's Workshop

Friday, December 14th  
5:00 – 7:00 p.m.  
Elementary Cafeteria

There will be shopping, cookie decorating, hot chocolate, crafts, wrapping and FUN! All gifts will be reasonably priced! Join us for an evening of fun!

## Cold Weather Information

Cold weather has arrived! Please make sure your child is dressed appropriately for cold, wet and snowy weather. We use Accuweather's "Real Feel" to determine if we will go outside for recess. The "real feel" takes into consideration the temperature, wind chill and humidity. If the temperature is above 9 degrees, we will go outside.

All students need to wear warm winter coats, hats and mittens. If your child wants to play off the cement out in the snow, they must have boots and snow pants.

## December/January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5 Recognition Assembly 2:45pm	6	7 Early Out 2:15 pm	8
9	10 Elem. Concert 1st grade - 6:00pm 3rd grade -7:00 pm	11 5th gr. concert- 6:00 pm	12	13	14 Early Out 2:15 pm SANTA SHOP 5:00 - 7:00 PM	15
16	17 School Board 6:00PM	18	19	20	21 Early Out 2:15 pm	22 Winter Break
23 Winter Break	24 Winter Break	25 Winter Break	26 Winter Break	27 Winter Break	28 Winter Break	29 Winter Break
30 Winter Break	31 Winter Break	January 1 Winter Break	2 BACK TO SCHOOL!	3	4 Early Out 2:15 pm	5

## **12 Days of Falcon Fun**

In the spirit of the holiday, we are going to kick off “12 Days of Falcon Fun!” This will be a fun way to ring in the holiday spirit! Feel free to participate in the dress up days as you wish! You can do a fun holiday theme or just a favorite!

Thursday, December 6: Fun / Silly Socks

Friday, December 7: Festive Falcon Day

Monday, December 10: Wear Green

Tuesday, December 11: Wear Red

Wednesday, December 12: Hats and Headwear

Thursday, December 13: Holiday Helper Day (elf, Santa, angel, reindeer, donkey, wiseman)

Friday, December 14: Festive Falcon Day

Monday, December 17: Holiday Accessories (jingle bells, light up headbands, scarves)

Tuesday, December 18: Holiday Movie Character

Wednesday, December 19: Festive Falcon Day

Thursday, December 20: Pajama Day

Friday, December 21: Ugly Sweater Day

Have a fun, winter break!

## Elementary Food Drive

Monday December 3rd – Wednesday December 19th



The 5<sup>th</sup> grade classes are again sponsoring a food drive for Kayla's Cupboard. Items needed include: canned goods, household cleaning supplies, non-perishable food items, paper products, Baby supplies (diapers, baby food, etc.), and personal hygiene items. Please have your students bring their donations to class and the 5<sup>th</sup> grade students will collect the items each day.

## School Counselor News

Two weeks ago I was visiting with some 2nd graders in the cafeteria during lunch. We were discussing how much we like the chicken and gravy over mashed potatoes meal. A student nearby overheard our discussion and asked if i had ever tried Babybel cheese. I told her i had not. She then broke off a chunk of cheese from her cold lunch and offered it to me saying "Give it a try. You might like it, too."

While we don't encourage the sharing of food for lots of good reasons, her generosity, kindness and enthusiasm was delightful. And more importantly, it's not isolated.

During a guidance lesson, one girl gently tugged at the sleeve of her friend who was talking as a reminder that she was interrupting. While in preschool during their Thanksgiving feast, a young student offered to help another put butter on her dinner roll. Kindness, a helping hand, a gentle reminder.

There's no real way of determining whether students are learning these behaviors at school or at home. Likely it's a combination of both. What's clear is that many of our students are utilizing these positive skills each and every day. Thank you for modeling these behaviors and for teaching kids that these soft skills are both virtuous and important.

**Aaron Wagner**

**K-5 School Counselor**

## Nurse's Notes

**Medications:** If your child has to take medication at school we have a form that needs to be filled out. If you are sending medication to school, even if it is short term prescription or over the counter, we must have a note with the following: Name of student, Original box with directions, Last dose given, Next dose needed, and whether to send home or keep at school. There are very strict regulations from the state for the dispensing of medications to our students. Thank you for your help in this matter.



## Let's Fight the Flu Together!

The flu season has begun and there are already several cases in Iowa reported.

Influenza is a contagious disease of the respiratory tract (nose, throat, and lungs) that can lead to serious complications, including pneumonia and the worsening of other chronic health conditions. Flu symptoms may include fever, headache, extreme tiredness, dry cough, sore throat, runny or stuffy nose, and muscle aches. The best way to protect your family from new influenza strains is to get vaccinated each year.

The top five most virus-contaminated areas in the home are:

1. Telephones ( have you cleaned your cell phone lately?)
2. Appliances such as refrigerator and microwave
3. Faucets
4. Light switch and door handles
5. TV remotes



Follow good health guidelines: eat right, exercise, and get plenty of rest to help boost your immunity to fight the effects of colds and flu. Wash hands frequently, do the elbow cough, and disinfect hot spots at school, work and home. Treat the symptoms if you must, but avoid giving aspirin to children because it may cause a rare but serious illness called Reye syndrome.

Enjoy a healthy holiday season!

## Winter Clothing



Winter has started early with cold temperatures and snowy days! Please make sure your child has a warm coat, hat and mittens for recess. Please label your students gear with their name. If there is snow, students must have snow pants and boots to play off the cement area. We continue to go out for recess everyday unless the wind chill factor ( "Real Feel" ) is 9 degrees or below. Let's get prepared for a cold winter - it's Iowa!