

West Burlington Elementary Falcon Flyer



February 2019

Principal's Corner

A few friendly reminders:

1. Please dress students for this chilly weather. Label hats, gloves, snow pants, coats, etc. with your student's names. We have so many pairs of snow pants that look identical. Also, a sweat shirt or zip hoodie would be a great idea as the classroom temperatures can fluctuate a great deal.
2. Please make sure you are following the West Burlington Independent School District calendar. Ours does not mirror other districts.
3. Designate a time for homework or other academic practice each evening. If students don't have assigned homework, practicing reading, sight words or math facts is very beneficial.

Celebration Time

We will be holding our February Celebration Assembly on Wednesday, February 6th at 2:45 p.m. We will be recognizing perfect attendance and presenting class awards and the BUG Award.

Preregistration for Kindergarten

Pre-registration will start Monday February 11th. If your child will be 5 by September 15, 2019, please call 754-5726 to pre-register your child. Please make certain you talk directly to the office staff and don't leave the information on a voicemail. Paperwork will be available on Monday February 11th in the office.

Preregistration for 4-Year Old Preschool

Registration for Preschool will begin Wednesday February 6th. Your child must be 4 years old by Sept. 15, 2019. Please come to the Elementary Office to pick up a preschool packet. Pre-registration and a place reserved for your child is not complete until all the required paperwork, immunization record, and birth certificate is turned into the office. When returned to office, your child's name will then be placed on list according to completion date.

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Early Out 2:15 pm	2 HY-VEE FUNDRAISER for PTO
3 HY-VEE FUNDRAISER for PTO	4	5	6 Recogni on Assembly 2:45 pm Preschool Registra on	7	8 Early Out 2:15 pm	9
10	11 Kindergarten Registraon forms pickup	12	13	14	15 Early Out 2:15 pm	16
17	18 PTO mee ng 5:30 pm	19 Parent /Teacher Conferences 4:00 – 8:00 PM	20	21 Parent /Teacher Conferences 4:00 – 8:00 PM	22 NO SCHOOL	23
24	25	26	27	28	February 1 Early Out 2:15 pm	2

PARENT/TEACHER CONFERENCES

Teachers will meet with parents at scheduled times between 4 & 8pm on Tuesday February 19 & Thursday February 21.

Conference times will be sent home with students. 5th Grade students have non-scheduled conferences with teachers being available each night to meet on a first come- first serve basis.

PTO FUNDRAISER

Shop at Hy-Vee Saturday Feb. 2nd & Sunday Feb. 3rd & donate to PTO. Please be sure you have a "green flier." Please let your child's teacher know that you need a flier or stop by the elementary office & pick one up! This is an easy fundraiser – you shop, provide the green flier, and PTO gets a percentage back. Thanks for supporting our PTO!

Nurse's Notes

We have seen several types of illness this past month. Please remind your children to wash their hands frequently and cover their mouth when coughing or sneezing.

Influenza A and B symptoms are fever, body aches, headache, sore throat, congestion, runny nose, coughing and fatigue. Stomach Flu symptoms are vomiting and diarrhea. Your child must be fever free for 24 hours (without medication) and 24 hours from last active flu symptoms to return to school.

Since it is Winter and hat/scarf season, please be diligent in checking your child's hair for Lice. Discourage the trading of hats and hair brushes between siblings and students. Parents are the key to looking for and treating head lice! The Iowa Department of Public Health advises parents to spend 15 minutes each week on each child carefully looking for head lice or nits. Persons with nits within $\frac{1}{4}$ inch of the scalp OR live lice should be treated. If you have any questions, don't hesitate to call or email the school nurse, Stephanie King at 754-5726 or stephanie.king@wbschools.us



MAKE HEALTH YOUR RESOLUTION

Healthy You: Make healthy food choices, be active, make an appointment for a check-up, vaccination, or screening. Know your numbers - weight, blood pressure, cholesterol. Wash your hands often. Be smoke free. Get enough sleep. Learn and practice a new health tip each week. Make a new friend.

Healthy Family: Plan to eat more meals together as a family. Encourage and support physical activity. Put together a family health history. Know where to go for health care in town if you do not have insurance. Keep pets vaccinated and healthy. Add a health related web site to your favorites list, and check weekly updates. Spend more time together. Be courteous and practice good manners.

Healthy Home: Go Green. Reduce, reuse, recycle. Install smoke alarms, and carbon monoxide alarms on every level. Keep cleaning products and medications away from children. Have a winter weather emergency plan, and stock your home and car with necessary supplies. Never use generators, grills, camp stoves, or similar devices indoors.

Healthy Community: Volunteer at your church, school or one of the many community centers needing help or an extra hand. If you have received help from others, try to repeat the gesture. Extend a common courtesy wherever you are - always appreciated and hopefully duplicated.

Healthy Workplace: Stay home if you are sick. Wash your hands often. Participate in healthy workplace programs. Take steps to prevent job stress. Reduce work injuries and practice good body mechanics.

Counselor News!

Dear Parents/Guardians,

The **Falcon Food Pantry** is up and running! The pantry is open Saturdays from 10-Noon. The only requirement is that you have a student in the WB school district.

The pantry is located at the high school. Enter through the 4 glass doors near the band room. (Driveway off of Van Weiss behind school, just past kitchen entrance near the red brick walls.)



Digital Citizenship and Safety

My 3-5 grade guidance lessons this month focused on digital citizenship and safety. A digital “survival kit” was used to reinforce some important points about internet use.

The survival kit contained the following items:

Padlock - Representing the need for strong passwords.

Toothbrush - We don’t share toothbrushes and we don’t share passwords. (I did stress that parents should have access to passwords)

Permanent Marker - Every text, email, snapchat image, instant message etc...is retrievable by someone and, once sent, is permanent.

Power Cord - It’s okay to unplug sometime. It’s hard to explore the world with a phone or tablet in your hand.

Soap - While there’s amazing information on the net, there’s also plenty of filth. It’s inevitable that our children will stumble upon violent imagery, hate speech, and sexual content. The soap is a reminder for us to “keep it clean.” Click out of content that makes us uncomfortable or that we know to be inappropriate.

Securly is now available for home use for \$5.99/month. It’s a simple plug and play hub that helps to filter the content on the devices connected to your home’s wifi. I’ve been using it for about two months now and I’m really impressed by how effective and easy to use it is. Check it out at www.securly.com

Thank You,
Aaron Wagner

West Burlington Elementary PTO Newsletter

Volume 1, Issue 6

February 2019

Dates to Remember:

February 2019

2&3- Hy-Vee fundraiser

4- Wendy's Night 5-7pm Inside or Drive-thru

17- Mother/Son Dance @ The Loft

18- PTO Meeting (workroom)

Don't forget to turn in your Box Tops!

Super Bowl Weekend Fundraiser

It's that time of year again for our annual Hy-Vee Super Bowl weekend fundraiser.

It is as easy as 1....2....3....

1. Pick-up green slip in the office or request one from your student's teacher.
2. Go to Hy-vee on February 2nd & 3rd for all your grocery needs.
3. Hand green slip to cashier & we get 5% of your subtotal!

----->Free Money for our school!!!<-----

Since we only receive 350 green slips, we do not send them home with each student. You can ask for as many as you will use that weekend. Only 1 slip per order. You can also use for online ordering. Put in the comment section that you are using a fundraising slip & hand it to the delivery person!

1st Annual Mother/Son Dance

WHEN: FEBRUARY 17TH 2-4PM

WHERE: THE LOFT

416 JEFFERSON ST (DOWNTOWN BURLINGTON)

***Get those dancing shoes ready
and feel free to dress up!***

- ★ ***Door Prizes***
- ★ ***Games***
- ★ ***Photos***
- ★ ***Drinks***
- ★ ***Snacks***
- ★ ***Lots of dancing fun!!!***

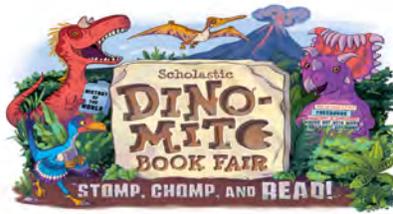
MOTHER/SON COUPLE IS \$10 AND EACH ADDITIONAL STUDENT IS \$3.00

ALL AGES WELCOME!

RETURN THE BOTTOM PORTION OF THE FLIER ALONG WITH THE MONEY TO THE OFFICE!

TICKETS WILL BE SENT HOME ON FEB. 13TH

THIS EVENT IS OPEN TO OUR WEST BURLINGTON FAMILIES!



Dear Parents and Families:

Reading for pleasure unlocks the power of information and imagination and helps children discover who they are. Here's what you can do to help children develop stronger reading skills and a love for reading:

- Set the example. Let children see you read.
- Have a collection of books in your home. Update this collection routinely to keep up with changing tastes and reading skills.
- Support our school's Book Fair. Allow your children to choose their own books to read.

Our Scholastic Book Fair is a reading event that brings the books kids want to read right into our school. It's a wonderful selection of engaging and affordable books for every reading level. Please make plans to visit our Book Fair and be involved in shaping your child's reading habits.

Students will shop during Media Skills Class on the week of February 11th. An official schedule will be sent home the week before Book Fair along with the Book Fair Flyer!

We will also be open during Parent Teacher Conferences on February 19th and February 21st from 4-8.

If you are unable to attend the Fair in person, we invite you to visit our online Book Fair at <http://www.scholastic.com/bf/westburlingtonelemschool>

We look forward to seeing you and your family at our Book Fair! Remember, all purchases benefit our school!

Sincerely,
Mrs. Roelfs

Library News

Book Swap

Our Book Swap was so successful last year so we would like to host another book swap this year in honor of Read Across America Week! This Book Swap will take place during the first week of March! Students can bring a book from home that they no longer want anytime in February. I will then highlight their name on a class list so I know they are eligible to participate in the Book Swap.

During the first week of March I will have all students who brought a book for the Book Swap come to the library to pick out one “new” book from the selection the students brought in. This book will be theirs to keep!

If your child has more than one book they are willing to bring in they may do so. This will help make it so every student in our school can pick out one “new” book! Thank you for your help on this! Our goal is to let every student in our school pick out a book from the book swap! Last year every student was able to participate thanks to students bringing in multiple books!

Read Across America

Read Across America Day is March 2nd this year. We will be celebrating it during the first week of March! Stay tuned next month for Read Across America Week activities and dress up days! These will be posted in our next newsletter!

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West Burlington Elementary Presents: Mother and Son Dance

Sunday, February 17th from 2-4 pm
The Loft - 416 Jefferson St. Burlington

Bring your dancing shoes and feel free to dress up!
Open to West Burlington Families only.
Mother/Son couple \$10. Each additional student is \$3. Flyers were sent out with students earlier this week and are due no later than February 8th.
There is a 250 capacity for this dance.

