

West Burlington Elementary Falcon Flyer



November 2019

Principal's Corner

- **Cooler temperatures have arrived. Please make sure your children come equipped with coats, gloves, hats, etc. to stay warm at recess.**
- **Kindness matters! Our words and actions are powerful. Let's use our words and actions to build others up!**

25th Annual Community Free Thanksgiving Dinner

Thursday, November 28, 2019
 11:30 a.m. – 2:00 p.m.
 Burlington High School Cafeteria
 Come and enjoy a free Thanksgiving meal!

Food donations of cookies and cupcakes should be taken to the High School Cafeteria on Wednesday, November 27th between 3 p.m. and 7 p.m. Donations of canned cranberry sauce, apple juice, #10 cans of corn and green beans can be taken to the Burlington Public Library before November 27th. Turkeys must be purchased at the Hy-Vee on Agency by the 20th where they will be prepared. Cash/Check donations can be mailed to Community Action, 2850 Mt. Pleasant St., Ste. 108, Burlington, IA. To volunteer, please call the Burlington Public Library at 753-1647 or use link on web page to sign up.

PLACEMATS are needed. Please use 8 ½ x14 (legal size) paper or larger and create placemats for the dinner. Bring to library by Tuesday November 19th..

CELEBRATION TIME!

Please join us on Wednesday November 6th at 2:35 pm to celebrate the good character, hard work and responsibility of our students. We love having so many families at our Student Recognition Assemblies. Hope to see you there!

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Early Out 2:15pm	2
3	4 Grandparents Day	5 Parent Teacher Conf. 4-8 pm	6	7	8 Early Out 2:15 pm	9
10	11 Veterans Day Celebrations	12 Vision Screening K-5th	13	14	15 Early Out 2:15 pm	16
17	School Board 6 pm	19	20 PTO Meeting 5:30 pm	21 Braided Bread pickup 3:30 - 5:30 pm	22 Early Out 2:15 pm	23
24	25	26	27 AUTUMN BREAK- No School	28 AUTUMN BREAK- No School	29 AUTUMN BREAK- No School	30

Lion's Club Vision Screening for Pre-School

There will be vision screening for Pre-school students on Wednesday, November 5th AM Pre-school will be at 9:00 am and PM Pre-school will be at 1:00 pm. If there is a concern identified with your child's vision, a note will be sent home. If you do not want your child screened, please let the office know.

Veteran's Day Celebration

We are looking forward to our annual Veteran's Day celebration at West Burlington Elementary. We ask that all students and staff come dressed in red, white and blue on Monday, November 11th to show our patriotism and appreciation for our Veterans.

Events for Veterans and their families include:

7:45 - 8:15 Breakfast in the Elementary Gym

8:30 Flag Raising @ the Elementary Flag Pole

9:00 Veteran's Day Assembly in the High School Auditorium

Nurse's Notes

Head Lice - It is that time of year when we start wearing hats and scarves. Is your child at risk for Head Lice? Yes. Head lice will spread as long as children play together. They spread almost completely through human hair to hair contact and pets do not spread lice. What does head lice look like? Adult lice are the size of a sesame seed and can be seen by the human eye. They lay nits (eggs) on the hair shaft. Live nits are found less than $\frac{1}{2}$ inch from the scalp and most often on the hair at the back of the head in the neck region. Some children will complain of itchiness but many have no symptoms.

What can you do? Parents, grandparents and guardians are key to looking for and treating head lice! The Iowa Department of Public Health advises parents to spend 15 minutes each week on each child carefully looking for head lice or nits. Persons with nits within $\frac{1}{4}$ inch of the scalp OR live lice should be treated. Careful use of a nit comb can potentially remove all lice. Each child should have his or her own comb or brush. Teach your child NOT to share hats, scarves, brushes, combs, and hair fasteners. We have a brochure in the office if you need more information.

Medications: If your child has to take medication at school we have a form that needs to be filled out. If you are sending medication to school, even if it is short term prescription or over the counter, we must have a note with the following: Name of student, Original box with directions, Last dose given, Next dose needed, and whether to send home or keep at school. There are very strict regulations from the state for the dispensing of medications to our students. Thank you for your help in this matter.

Fall/Winter Clothing: The weather has changed and fall is here. Please send your student with appropriate coats, hats and mittens if needed. Students go out for recess unless it is raining or the temperature is 9 degrees or below. (Hopefully we won't be seeing these temps soon!) Please have students check the Lost and Found for any missing sweatshirts, coats or other misc. lost items.

School Nurses



Counselor News

Dear Parents / Guardians,

I would like to thank all parents, students, staff, and community members for their support in our Red Ribbon Week Celebration. The students showed their school spirit by participating in the daily events and making a pledge to live a drug free life.

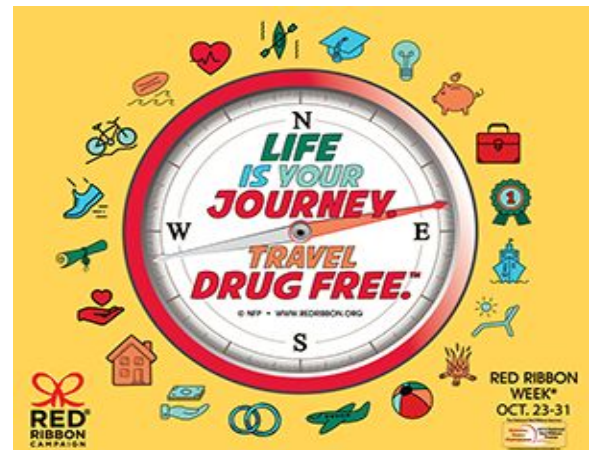
During our Red Ribbon Week kick-off assembly, we spoke of the importance of talking to parents about drug and other substance use. According to the National Council on Alcoholism and Drug Dependence, kids of parents who talk to them regularly about drugs are 42 percent less likely to use drugs than those who don't. It's fascinating to think that something so simple can have such a profound impact.

If you're unsure about how to start the conversation, ask your child to start it. Ask them what they learned about drug use during Red Ribbon Week. Ask them about the differences between medicine and drugs. Ask them if they know anyone who's been affected by substance use. Ask them the difference between use and abuse.

Take advantage of "teachable moments" now. If you see characters in a movie or on TV with a cigarette, talk about smoking, nicotine addiction and what smoking does to a person's body. This can lead to further discussion about drug use and addiction.

Thank you-

Aaron Wagner, School Counselor



Grandparent's Day - Reminder Notice

Monday, November 4, 2019 grandparents of our elementary students are invited to our school to eat brunch. This is a very special day at school for our students. Students are proud to have a grandparent come to school and be a part of their day. Grandparents are welcome to visit the classroom for ten minutes prior to the brunch. This will be a time for each student to share his/her classroom. Immediately following the classroom visit, each class will have brunch in the gymnasium.

RSVP's were required to attend and were due by Monday October 21 to prepare for brunch. **Due to our limited space, we are not able to accommodate younger children during this event.** It is important for us to stick to the schedule due to the lunch schedule. **Please arrive only a couple of minutes before the scheduled classroom visit.** Parking is very limited, and we ask that you follow the schedule so others have parking places to attend this event with their grandchildren.

A Book Fair is being held in the library during Grandparents' Day. Students have wish lists, and you are welcome to purchase books from their list or visit the library with them while you are here. The following is the schedule for the day. Please keep this information on hand.

<u>GRADE</u>	<u>CLASSROOM VISIT</u>	<u>EAT BRUNCH</u>	<u>TOUR/RECESS</u>
Fourth	8:20-8:30	8:30-8:50	8:50-9:10
Second	8:30-8:40	8:40-9:00	9:00-9:20
Third	8:50-9:00	9:00-9:20	9:20-9:40
Fifth	9:10-9:20	9:20-9:40	9:40-10:00
Kindergarten	9:30-9:40	9:40-10:00	10:00-10:20
First	9:50-10:00	10:00-10:20	10:20-10:40

Reminder for Parents, Grandparents, and Family Members

Treats for Classrooms - Please have all treats / snacks come to the office. They will be taken to the classroom at teachers requested time for snacks. Please have the label from the store, ingredients listed and carbohydrate count attached to treats. Classroom treats must meet one of the following:

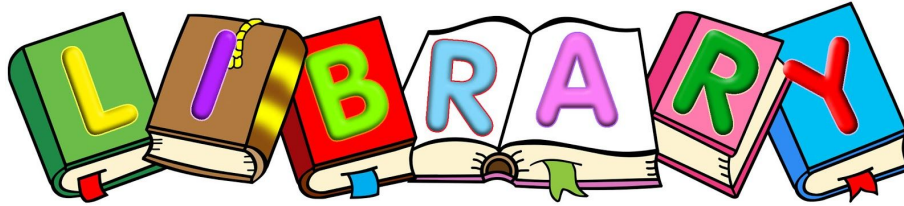
- Prepared at Grocery Store Bakery or Licensed Restaurant. Baked good items must be in the original containers, sealed with the tag and marked with the items it contains.
- Prepacked and store bought (Ex. Goldfish Crackers, String Cheese, etc...)
- In - Home / Independent Bakeries will require a certificate stating that the bakery has been inspected by the County Health Department.



No Exceptions will be made. Treats that do not meet one of the above requirements will not be served to the students. If you have a question about a particular bakery, please call the office to see if we have a certificate on file.

Flowers and Balloons - the school requests that no flowers or balloons be delivered to students at school. If deliveries do occur, they will be given to students at the end of the school day.





Our Scholastic Book Fair has been off to a great start! We were excited by all the great titles the Book Fair offered us this year! Our Scholastic Book Fair will continue until November 5th.

Grandparents' Day

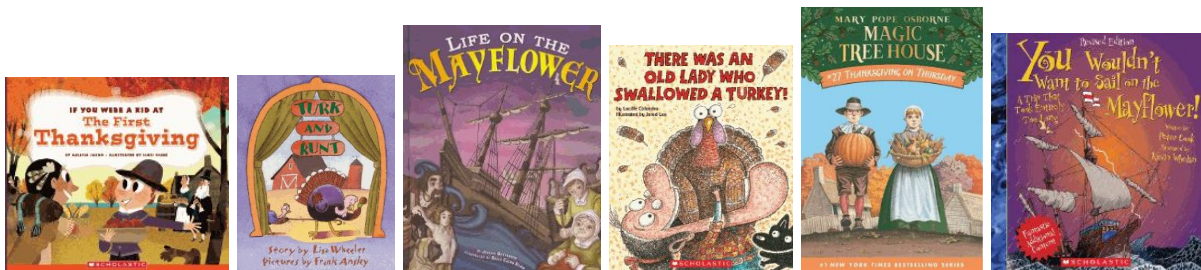
The Scholastic Book Fair will be set up in the cafeteria on Monday, November 4th. Students will have the opportunity to shop with their grandparents while also enjoying muffins!

We will also be open during Parent Teacher Conferences from 4-7:30 on November 5th.

We appreciate all of your support during our Book Fair! The profits from our sales gives us the opportunity to purchase new books for our library which gets students excited about reading!

Thanksgiving

With Thanksgiving coming up I like to promote books and websites that are related to the holiday. Below are a few of our most popular Thanksgiving books and websites!



Websites

Plimoth.org- You Are The Historian

<https://www.plimoth.org/learn/just-kids/thanksgiving-interactive-you-are-historian>

Students are able to explore what really took place on the first Thanksgiving through this interactive website.

Scholastic- The First Thanksgiving

http://www.scholastic.com/scholastic_thanksgiving/?scriybrkr=b8a50928

Students are able to learn about homes, clothing, food, and what the Mayflower was like!

West Burlington Elementary PTO Newsletter

Volume 2, Issue 13

November 2019

Dates to Remember:

November 2019

1st-11th- PTO T-shirt online store
4th- Grandparent's Day
4th- Last day for Penny Wars
5th- Braided Bread orders due
20th- PTO Meeting 5:30-6 (workroom)
21st- Braided Bread pick-up 3:30-5:30 in cafeteria

Search for West Burlington Elementary
PTO on Facebook & "LIKE" us!

Download BoxTop App Today!

BOX TOPS ARE CHANGING.... SO WE ARE TOO!

BOX TOPS ARE GOING DIGITAL! INSTEAD OF SPENDING HOURS CLIPPING THOSE TINY BOX TOPS AND SENDING THEM IN WITH YOUR STUDENT, YOU CAN JUST SCAN YOUR RECEIPT. FOLLOW THE STEPS BELOW!

1. GO TO YOUR PLAY STORE AND DOWNLOAD THE NEW BOXTOP APP!
2. SET WEST BURLINGTON ELEMENTARY AS YOUR SCHOOL.
3. SCAN YOUR RECEIPT.
4. GET MONEY FOR OUR SCHOOL!!!!

THIS IS FREE MONEY FOR OUR SCHOOL! LAST YEAR WE MADE OVER \$600 JUST FROM BOX TOPS ALONE! HELP SUPPORT OUR SCHOOL BY DOWNLOADING THE APP AND SUBMITTING YOUR RECEIPT!

Info on Fundraisers!!!!

BRAIDED BREAD FUNDRAISER ENDS ON NOVEMBER
5TH (MONEY & ORDERS DUE)

TOP SELLER IN EACH GRADE WILL WIN A FUN CITY
GAMEBUCKS CARD!

We are doing a 2nd order for PTO
Falcon Gear!

November 1st-11th you can order
online with anywear apparel and
have it in time before Xmas break!
These would make great Xmas gifts
for the family!

PENNY WARS IS CURRENTLY GOING ON UNTIL
NOVEMBER 4TH.

THE WINNING GRADE WINS A PIZZA AND ICE CREAM
PARTY! THE KIDS ARE SO EXCITED!

JARS ARE IN THE LIBRARY AND WILL BE AVAILABLE
DURING PARENT TEACHER CONFERENCES AND
GRANDPARENTS DAY!

STUDENTS ARE ALLOWED TO DROP IN CHANGE DURING
THEIR LIBRARY TIME TOO!



LOOK FOR BOX TOPS ON HUNDREDS OF PRODUCTS!

THE ALL-NEW BOX TOPS IS HERE!
DOWNLOAD THE APP:



CLIP: Traditional Box Tops clips are being phased out of production, but you can still send unexpired clips to school. **Every valid Box Tops clip is worth 10¢.**



SCAN: If you see this label, **do not send it to school.** Use the new Box Tops app to scan your store receipt within 14 days of purchase. The app will find participating products and instantly add Box Tops to your school's earnings online.



BEVERAGES

- Nestle Pure Life Water .5-Liter 24, 28, 32,35-Packs
- Nestle Pure Life Water 8 oz. 6, 12, 24 & 56-Packs
- Nestle Pure Life Water 11.15 oz 6-Pack



HOUSEHOLD CLEANING

- Lysol® Disinfectant Spray
- Lysol® Disinfecting Wipes
- Lysol® Toilet Bowl Cleaner



MEALS & SIDES

- Annie's® Baking Mix
- Annie's® Brownie Mix
- Annie's® Cake Mix
- Annie's® Cookie Mix
- Annie's® Mac & Cheese
- Annie's® One Pot Pasta
- Annie's® Soup
- Hamburger Helper™
- Chicken Helper™
- Tuna Helper™
- Old El Paso™ Beans
- Old El Paso™ Taco Kit
- Old El Paso™ Tortillas
- Old El Paso™ Shells



SNACKS

- Annie's® Bunny Cookies
- Annie's® Bunny Grahams
- Annie's® Cheddar Bunnies
- Annie's® Cheddar Squares
- Annie's® Cookies
- Annie's® Crackers
- Annie's® Fruit Snacks
- Annie's® Granola Bars
- Annie's® Popcorn
- Annie's® Snack Bars
- Annie's® Snack Mix
- Bugles™
- Cascadian Farm™ Granola
- Cascadian Farm™ Granola Bars
- Cascadian Farm™ Protein Bars
- Cereal Treat Bars
- Chex™ Mix
- Fiber One™ Bars
- Fiber One™ Brownies
- Fiber One™ Cheesecake Bars
- Fiber One™ Cookies
- Food Should Taste Good™ Chips
- Fruit by the Foot™
- Fruit Roll-Ups™
- Gardettos™
- General Mills™ Fruit Snacks
- Gushers™
- LARABAR™ Kid
- Mott's® Fruit Snacks
- Nature Valley™ Bars
- Nature Valley™ Biscuits
- Nature Valley™ Bites
- Nature Valley™ Granola Cups
- Nature Valley™ Layer Bars
- Nature Valley™ Snack Mix
- Nature Valley™ Squares
- Nature Valley™ Wafer Bars



CEREAL & BREAKFAST

*Bagged cereals do not participate

- Ancient Grains Cheerios™
- Annie's® Cereal
- Annie's® Toaster Pastries
- Apple Cinnamon Cheerios™
- Apple Cinnamon Toast Crunch™
- Banana Nut Cheerios™
- Basic 4™ Cereal
- Big G Cereal Breakfast Pack (8 Pouches)
- Berry Berry Kix™
- Birthday Cake Cookie Crisp™
- Blueberry Cheerios™
- Blueberry Chex™
- Blueberry Toast Crunch™
- Boo Berry™
- Cascadian Farm Cereal™
- Cheerios™
- Cheerios™ Oat Crunch Cinnamon
- Chocolate Cheerios™
- Chocolate Chex™
- Chocolate Lucky Charms™
- Chocolate Peanut Butter Cheerios™
- Chocolate Toast Crunch™
- Cinnamon Chex™
- Cinnamon Toast Crunch™
- Cinnamon Toast Crunch™ Churros
- Cinnamon Toast Crunch™ Shreds
- Cocoa Puffs™ Cereal
- Cookie Crisp™ Cereal
- Corn Chex™ Cereal
- Count Chocula™
- Dippin Dots™ Cereal
- Drumstick™ Cereal
- Fiber One™ Cereal
- Fillows™ Cereal
- Franken Berry™
- French Toast Crunch™
- Frosted Cheerios™
- Frosted Lucky Charms™
- Fruity Cheerios™
- Girl Scouts™ Cereal
- Golden Grahams™
- Honey Kix™
- Honey Nut Cheerios™
- Honey Nut Cheerios™ Crunch
- Honey Nut Chex™
- Kix™ Cereal
- Lucky Charms™
- Maple Cheerios™
- Mermaid Cereal
- Multigrain Cheerios™
- Nature Valley™ Cereal
- Nature Valley™ Granola
- Oatmeal Crisp™ Cereal
- Peach Cheerios™
- Peanut Butter Chex™
- Peanut Butter Chocolate Shreds™ Cereal
- Protein Cheerios™ Oat & Honey
- Pumpkin Spice Cheerios™
- Raisin Nut Bran™
- Reese's Puffs™
- Rice Chex™
- Star Wars™ Cereal
- Strawberry Toast Crunch™
- Sugar Cookie Toast Crunch™
- Toasted Coconut Cheerios™
- Total™ Cereal
- Trix™ Cereal
- Vanilla Chex™
- Very Berry Cheerios™
- Wheat Chex™
- Wheaties™



FROZEN

- Annie's® Bagel Pizzas
- Annie's® Pizza Bagels
- Annie's® Pizza Poppers
- Cinnamon Toast Crunch™ Bites
- Pillsbury™ Mini Cinnis
- Pillsbury™ Pancakes
- Pillsbury™ Toaster Scambles
- Pillsbury™ Toaster Strudel
- Totino's™ Party Pizza (4-pack only)
- Totino's™ Pizza Rolls



REFRIGERATED & DAIRY

- Annie's® Biscuits
- Annie's® Cinnamon Rolls
- Annie's® Crescent Rolls
- Yoplait® Go-GURT® Yogurt
- Yoplait® Go-Gurt® Dunkers
- Yoplait® Kid
- Yoplait® Multipack



SCHOOL & OFFICE SUPPLIES

- Boise® POLARIS® Premium Paper
- Boise® X-9® Paper
- Paper Mate® Arrowhead® Erasers
- Paper Mate® Clearpoint® Mechanical Pencils
- Paper Mate® Colored Pencils
- Paper Mate® Comfortmate Ultra™
- Paper Mate® Correction Pens
- Paper Mate® DryLine® Products
- Paper Mate® Eagle® Pens
- Paper Mate® Eraser Mate®
- Paper Mate® Expressions® Erasers
- Paper Mate® Flair® Felt Tip Pens
- Paper Mate® Flexgrip® Elite
- Paper Mate® Flexgrip® Ultra
- Paper Mate® Gel Pens
- Paper Mate® Flexgrip® RT
- Paper Mate® Handwriting
- Paper Mate® Holiday
- Paper Mate® Infinite Lead
- Paper Mate® Inkjoy® Ballpoint Pens
- Paper Mate® Inkjoy® Gel Pens
- Paper Mate® Inkjoy® Stylus 2-in-1
- Paper Mate® Lead Refills
- Paper Mate® Liquid Flair®
- Paper Mate® Liquid Paper® Fast Dry
- Paper Mate® Markers
- Paper Mate® Mirado® Woodcase Pencils
- Paper Mate® Pens
- Paper Mate® Pink Pearl® & White Pearl® Erasers
- Paper Mate® Profile®
- Paper Mate® Profile® Elite
- Paper Mate® Quick Flip™
- Paper Mate® Sharpwriter® Mechanical Pencils
- Paper Mate® Speederase
- Paper Mate® Write Bros. Pens
- Paper Mate® Write Bros. Mechanical Pencils

CLIP-ONLY PRODUCTS

A few brands have opted not to participate in the digital program; however, you can still find Box Tops clips on these products during the packaging transition. Be sure to send them to your school before they expire.

- Select Finish® Products
- Select Hefty® Products
- Select Kleenex® Products
- Select Reynolds® Products
- Select Scott® Products
- Select Ziploc® Products

HELP SUPPORT YOUR PTO!

BRAIDED BREAD FUNDRAISER.

A PERCENTAGE OF EACH BRAIDED BREAD SOLD GOES RIGHT BACK TO OUR PTO!

THIS IS ONE OF OUR LARGEST FUNDRAISERS AND THE ONLY PRODUCT WE
ASKED YOUR CHILDREN TO "SELL"

ORDER FORMS HAVE BEEN SENT HOME WITH YOUR KIDS. EXTRA ORDER
FORMS ARE AVAILABLE IN THE OFFICE.

ALL MONEY AND ORDER FORMS NEED TO BE TURNED IN BY NOVEMBER
5TH! ORDERS CAN BE PICKED UP ON NOVEMBER 21ST.

TOP SELLER IN EACH GRADE WILL WIN A FUN CITY GAME BUCKS CARD!

YOU CAN NOW PLACE YOUR ORDERS ONLINE RIGHT THROUGH THE BRAIDED BREAD WEBSITE.
(DEBIT/CREDIT CARDS) SELECT THE STUDENT TO WHOM GETS THE CREDIT AND THEN PLACE
YOUR ORDER. THE ORDER WILL BE PICKED UP BY THAT STUDENT AND THEY WILL DISTRIBUTE IT.

[HTTPS://STORE.MYFUNDRAISINGPLACE.COM/A14ED07B-08B5-4311-8F3E-05383E8CE559](https://store.myfundraisingplace.com/A14ED07B-08B5-4311-8F3E-05383E8CE559)

1, 2, 3, 4.....We declare a

Penny War

----->MONDAY OCTOBER 22 - NOVEMBER 5<-----

----->IN THE ELEMENTARY LIBRARY<-----

RULES:

Each grade (Kindergarten - 5th) has their own jug for collecting money.

Gain points by adding **pennies and bills** to your grade jug. **Lower** other grade totals by adding **silver coins** to their jugs.

Students will be allowed to add money during their library time. Parents will also be allowed to add during parent/teacher conference nights & grandparents day!

GRADE WITH MOST POINTS WILL WIN:

PIZZA & ICE CREAM PARTY!!!!!!

<u>POINTS</u>			
<u>ADDING:</u>		<u>SUBTRACTING:</u>	
Pennies	+1 point	Nickels	-5 points
\$1 Dollar	+100 points	Dimes	-10 points
\$5 Dollars	+500 points	Quarters	-25 points
\$10 Dollars	+1000 points		
\$20 Dollars	+2000 points		