

West Burlington Elementary Falcon Flyer



February 2020

Principal's Corner

A few friendly reminders:

1. Please dress students for this chilly weather. Label hats, gloves, snow pants, coats, etc. with your student's names. We have so many pairs of snow pants that look identical. Also, a sweat shirt or zip hoodie would be a great idea as the classroom temperatures can fluctuate a great deal.
2. Please make sure your contact information is updated in JMC. This will ensure we can make contact with you in a timely manner should a need arise. Also, it will ensure that any mailings are getting to the correct address.
3. Designate a time for homework or other academic practice each evening. If students don't have assigned homework, practicing reading, sight words or math facts is very beneficial.

Celebration Time

We will be holding our February Celebration Assembly on Wednesday, February 5th at 2:45 p.m. We will be recognizing perfect attendance and presenting class awards and the BUG Award.

Preregistration for Kindergarten

Pre-registration will start Wednesday February 12th. If your child will be 5 by September 15, 2020, please call 754-5726 to pre-register your child. Please make certain you talk directly to the office staff and don't leave the information on a voicemail. Paperwork will be available on Wednesday February 12th in the office.

Preregistration for 4-Year Old Preschool

Registration for Preschool will begin Wednesday February 5th. Your child must be 4 years old by Sept. 15, 2020. Please come to the Elementary Office to pick up a preschool packet on or after Feb. 5.. Pre-registration and a place reserved for your child is not complete until all the required paperwork, immunization record, and birth certificate is turned into the office. When returned to office, your child's name will then be placed on list according to completion date.

February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 26	27	28	29	30	31 Early Out 2:15 pm	February 1
2	3	4	5 Recognition Assembly 2:45 pm Preschool Registration	6	7 Early Out 2:15 pm	8
9	10	11	12 Kindergarten Registration forms pickup	13	14 Early Out 2:15 pm	15
16	17 School Board 6:00 PM	18 Parent /Teacher Conferences 4:00 – 8:00 PM	19 PTO Meeting 5:30 pm	20 Parent /Teacher Conferences 4:00 – 8:00 PM	21 NO SCHOOL	22
23	24	25	26	27	28 Early Out 2:15 pm	29

PARENT/TEACHER CONFERENCES

Teachers will meet with parents at scheduled times between 4 & 8pm on Tuesday February 18 & Thursday February 20.

Conference times will be sent home with students. 5th Grade students have non-scheduled conferences with teachers being available each night to meet on a first come- first serve basis.

Parents and Families having lunch at WB Elementary

First off, we love that you come to spend some time with your child at lunch and /or recess during the school day. We know this is a special time for you and your child. We ask that you please be respectful of a few basic guidelines:

1. Food, drinks, treats and other items cannot be given to children other than your own.
2. Pictures cannot be taken of other children during the lunch/recess period. If your child has chosen to invite friends, ALL pictures must exclude other WB Elementary children.

We appreciate you following these simple guidelines.

Nurse's Notes

We have seen several types of illness this past month. Please remind your children to wash their hands frequently and cover their mouth when coughing or sneezing.

Influenza A and B symptoms are fever, body aches, headache, sore throat, congestion, runny nose, coughing and fatigue. Stomach Flu symptoms are vomiting and diarrhea. Your child must be fever free for 24 hours (without medication) and 24 hours from last active flu symptoms to return to school.

Since it is Winter and hat/scarf season, please be diligent in checking your child's hair for Lice. Discourage the trading of hats and hair brushes between siblings and students. Parents are the key to looking for and treating head lice! The Iowa Department of Public Health advises parents to spend 15 minutes each week on each child carefully looking for head lice or nits. Persons with nits within $\frac{1}{4}$ inch of the scalp OR live lice should be treated. If you have any questions, don't hesitate to call or email the school nurse, Stephanie King at 754-5726 or stephanie.king@wbschools.us



MAKE HEALTH YOUR RESOLUTION

Healthy You: Make healthy food choices, be active, make an appointment for a check-up, vaccination, or screening. Know your numbers - weight, blood pressure, cholesterol. Wash your hands often. Be smoke free. Get enough sleep. Learn and practice a new health tip each week. Make a new friend.

Healthy Family: Plan to eat more meals together as a family. Encourage and support physical activity. Put together a family health history. Know where to go for health care in town if you do not have insurance. Keep pets vaccinated and healthy. Add a health related web site to your favorites list, and check weekly updates. Spend more time together. Be courteous and practice good manners.

Healthy Home: Go Green. Reduce, reuse, recycle. Install smoke alarms, and carbon monoxide alarms on every level. Keep cleaning products and medications away from children. Have a winter weather emergency plan, and stock your home and car with necessary supplies. Never use generators, grills, camp stoves, or similar devices indoors.

Healthy Community: Volunteer at your church, school or one of the many community centers needing help or an extra hand. If you have received help from others, try to repeat the gesture. Extend a common courtesy wherever you are - always appreciated and hopefully duplicated.

Healthy Workplace: Stay home if you are sick. Wash your hands often. Participate in healthy workplace programs. Take steps to prevent job stress. Reduce work injuries and practice good body mechanics.

Counselor News!

Dear Parents/Guardians,

The **Falcon Food Pantry** is open from 3:30-5 pm on the 2nd and 4th Wednesday of each month. Or you can contact PAtty McPherson from an appointment. The only requirement is that you have a student in the WB school district. Please take advantage of this great resource! The pantry is located at the high school. Enter through the 4 glass doors near the band room. (Driveway off of Van Weiss behind school, just past kitchen entrance near the red brick walls.)



Digital Citizenship and Safety

My 3-5 grade guidance lessons this month focused on digital citizenship and safety. A digital “survival kit” was used to reinforce some important points about internet use.

The survival kit contained the following items:

Padlock - Representing the need for strong passwords.

Toothbrush - We don't share toothbrushes and we don't share passwords. (I did stress that parents should have access to passwords)

Permanent Marker - Every text, email, snapchat image, instant message etc...is retrievable by someone and, once sent, is permanent.

Power Cord - A reminder that it is okay to unplug! It's hard to explore the world with a phone or tablet in your hand.

Soap - While there's amazing information on the net, there's also plenty of filth. It's inevitable that our children will stumble upon violent imagery, hate speech, and sexual content. The soap is a reminder for us to “keep it clean.” Click out of content that makes us uncomfortable or that we know to be inappropriate.

Securly is now available for home use for \$5.99/month. It's a simple plug and play hub that helps to filter the content on the devices connected to your home's wifi. I've been using it for over a year and I'm really impressed by how effective and easy to use it is. Check it out at www.securly.com

OpenDNS FamilyShield is another inexpensive way to filter content. One big plus is the ability to block content at the router level so that all devices can be impacted without the need to set parameters for each device.

Thank You,
Aaron Wagner

Notice of Nondiscrimination

It is the policy of the West Burlington Independent School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact Equity Coordinator, 607 Ramsey St., (319) 752-8747, Equity.Coordinator@wbschools.us.

PTO Flyer

Library Book Fair Flyer for Feb 2020.

Lunch Menu