

# West Burlington Elementary Falcon Flyer

January 2021



## Principal's Corner

- Welcome back Falcon Families! Hope you had a relaxing, restful winter break!
- Happy New Year! A New Year is like a blank book. The pen is in your hands. It is a chance to write a beautiful story for you and your family. Let's make our stories filled with love, kindness, compassion and positivity!
- We are hopeful that we can continue face-to-face learning in the upcoming winter/spring months. Please be diligent with sending masks/water bottle daily, practice social distancing/hand washing and closely monitor illness/symptoms!
- Friday work is required for all students. We cannot stress this enough. Failure to complete the work does not help a student achieve mastery of grade-level content which is a requirement for promotion to the next grade level. Undone/incomplete work also counts as an unexcused absence for the day.
- TREAT/SNACK REMINDER--Please remember these must be individually wrapped & sit in the elementary building for 72 hours before being distributed in the classrooms.

### **Cold Weather Information: Revisited**

Please make sure your child is dressed appropriately for cold, wet and snowy weather. We use Accuweather's "Real Feel" to determine if we will go outside for recess. The "real feel" takes into consideration the temperature, wind chill and humidity. If the temperature is above 9 degrees, we will go outside. All students need to wear warm winter coats, hats and mittens. If your child wants to play off the cement out in the snow, they must have boots and snow pants. If school is cancelled, delayed or dismissed early due to inclement weather, it will be posted on the website, facebook, and broadcast on various TV and radio stations.

### **January 2020**

| Sunday | Monday   | Tuesday                        | Wednesday          | Thursday | Friday  | Saturday |
|--------|--|--------------------------------|--------------------|----------|---|----------|
|        | 4<br>WELCOME BACK TO<br>SCHOOL                         | 5                              | 6                  | 7        | 8<br>Virtual Learning Day -<br>School- 8am - 1pm                          | 9        |
| 10     | 11   | 12                             | 13                 | 14       | 15<br>Virtual Learning Day -<br>School- 8am - 1pm<br>QTR. 2 AND SEM 1 END | 16       |
| 17     | 18<br>IN-SERVICE DAY<br>NO SCHOOL<br>School Board 6:00 | 19<br>START QTR. 3 &<br>SEM. 2 | 20<br>5:15 PTO MTG | 21       | 22<br>Virtual Learning Day<br>School- 8am - 1pm                           | 23       |
| 24     | 25   | 26                             | 27                 | 28       | 29<br>Virtual Learning Day -<br>School- 8am - 1pm                         | 30       |
| 31     | February 1   | 2                              | 3                  | 4        | 5<br>Virtual Learning Day -<br>School- 8am - 1pm                          | 6        |

## Lunch Account Reminder

Lunch Accounts may be paid online at [www.wbisd.com](http://www.wbisd.com). Go to Parent Links and click on JMC Access (menu on the left side). Click on Parent icon on top of page. Enter username and password. The username is parents last name and password is the one assigned or chosen at registration. Next, on menu on left side, click on Lunch. Next, click on blue tab on top (JMC Online Deposit (Family Account)). Fill out information box and click on submit button on bottom of box. Lunch accounts may also be paid in the office by cash, check, or credit/debit card.

**UPDATE CONTACT INFORMATION** -- The end of the second quarter will be January 15 and this is a good time to check contact information and update Parent phone numbers, addresses, and work numbers. You can do this by going into the Parent Links on WB Home Page; click on JMC Access; click on the Parent icon, enter User Name (last name), enter password, and log in. Click on Parent information on the left side of screen. On the right side of the screen is where you make sure the boxes are checked to get; Late start, Snow days, and information that is being texted from the school. Make sure you click SAVE at the bottom of the page to save the changes. If nothing has changed and you received text messages recently, then everything is updated. If you need to add an emergency contact or someone new that may be picking up your child from school, please contact the office. If you have any questions or would like the secretaries to make changes for you, don't hesitate to call. Thank you for keeping current information in JMC so we may better serve your child.

## Nurse's Notes

### Covid and Influenza (Flu) -

Covid, Influenza A & Influenza B have similar symptoms. Only a Covid test and/or an influenza swab will determine what type of illness your child/children may have. This will determine how long your child/children would need to be home from school/work.

Please keep your child/children home if they are sick or if they have had a covid test. Please call the school to talk with Nurse King to determine the next steps.

### Symptoms to keep your child/children home--

- **2 or more of the low risk symptoms:** Headache, muscle/body aches, fatigue, sore throat, runny nose, congestion, nausea, vomiting, diarrhea, new rash, abdominal pain, neck pain **OR**
- **1 or more of the high risk symptoms:** fever of 100.4 or higher, new cough, shortness of breath, loss of taste or smell.

**Return to school--** To return to school please call your child's health care provider to be evaluated.

- **Requirements to return to school** - 1 of the following:
  - ❖ Receive an alternate diagnosis from a healthcare provider (documentation provided to school).
  - ❖ A negative Covid test (Documentation of result provided to school.)
  - ❖ 10 days after symptoms start if not evaluated by a healthcare professional.
- ★ Students must also be fever free for 24 hours and symptoms are improving. Please be diligent in monitoring your child/children for symptoms these next several months. Please keep them at home if any sickness develops to protect the health of others.



**Quarantine:** Please keep your child home from school if

- they have been directly exposed to someone who has tested positive for Covid OR
- anyone in your household have tested positive for Covid OR
- he/she has had a covid test.
  - ★ We are working closely with the health department to determine the length of time that student(s) will need to quarantine. Quarantine time periods recently have changed. Please follow their guidelines.
  - ★ The quarantine guidelines can be confusing. Please contact Nurse King with any questions regarding them.

We know with flu season & covid you will have many questions. Please don't hesitate to give Nurse King a call with those questions. Elementary phone number is 319-754-5726.

**Head Lice** - It is that time of year when we start wearing hats and scarves. Is your child at risk for Head Lice? Yes. Head lice will spread as long as children play together. They spread almost completely through human hair-to-hair contact and pets do not spread lice. What does head lice look like? Adult lice are the size of a sesame seed and can be seen by the human eye. They lay nits (eggs) on the hair shaft. Live nits are found less than  $\frac{1}{2}$  inch from the scalp and most often on the hair at the back of the head in the neck region. Some children will complain of itchiness but many have no symptoms.

What can you do? Parents, grandparents and guardians are key to looking for and treating head lice! The Iowa Department of Public Health advises parents to spend 15 minutes each week on each child carefully looking for head lice or nits. Persons with nits within  $\frac{1}{4}$  inch of the scalp OR live lice should be treated. Careful use of a nit comb can potentially remove all lice. Each child should have his or her own comb or brush. Teach your child NOT to share hats, scarves, brushes, combs, and hair fasteners. We have a brochure in the office if you need more information.

#### Notice of Nondiscrimination

It is the policy of the West Burlington Independent School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy, please contact Equity Coordinator, 607 Ramsey St., (319) 752-8747, [Equity.Coordinator@wbschools.us](mailto:Equity.Coordinator@wbschools.us).

## School Counselor News - Aaron Wagner, Elementary School Counselor

### Love and Logic

I recently started a continuing education class called *Love and Logic for the School and Classroom* through the Love and Logic Institute. While Love and Logic isn't new to me, the class is a great refresher and an even better reminder of what I like best about this material.

An authentic, loving connection between parents and their children is the infrastructure for a thriving relationship. The approach of Love and Logic to parenting is based on the concept of creating those loving connections. Parents nowadays face many challenges and finding effective techniques and strategies to help them deal with situations, in a calm and loving way, is extremely valuable. With "Love" parents learn to set and enforce limits using compassion and empathy. With "Logic" parents learn to allow their kids to make decisions and experience the natural or logical consequences.

To learn more about Love and Logic, visit their website: [www.loveandlogic.com](http://www.loveandlogic.com)

# **West Burlington Elementary PTO Newsletter**

Volume 2, Issue 20

January 2021

## Dates to Remember:

### January 2021

20th - PTO meeting 5:15 (boardroom)

### February 2021

17th - PTO meeting 5:15 (boardroom)

### *Raise your hand if you love Pizza!*

*The PTO has partnered with Papa Johns to provide 30% off your entire online order, when you use the promo code: WBE30*

Papa Johns will donate 10% from every order when promo code WBE30 is used online or the Papa John's App.

*Continue earning "My Papa Dough" rewards when you use the WBE30 promo.*

[www.papajohns.com](http://www.papajohns.com)



Hello Falcon Family,

If you ordered items from Anywear Apparel, the items can be picked up at their Burlington store location. We will sell the apparel again in the spring if you weren't able to get something this fall. We will also be providing warm weather items.

If you missed it, the PTO provided individual mini pies to the teachers and staff before thanksgiving. It was an unexpected treat and it went over well.

We look forward to coming up with warm weather ideas to support our students along with our amazing teachers and staff.

The 2020 PTO Officers  
Sarah Vetter, Stephanie Standard  
Courtney Gunn, Jamie Jones, Allie Clark