



School Information: Type your school information here. "This institution is an equal opportunity provider".



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

3 Tenderloin sandwich
Cheesy broccoli
Pineapple
Milk **4**

4 Pizza
Corn
Applesauce
Milk **5**

1 Turkey & cheese sandwich
Baby carrots
Pears
Milk **6**

2 Mini corn dogs
Peas
Apple slices
Milk **7**

3 Cheeseburger
Baked beans
Mandarin oranges
Milk **8**

4 Chicken nuggets
Sliced carrots
Pears
Breadstick-HS
Milk **11**

1 Chicken fajita
Black beans
Peaches
Milk **12**

2 Turkey & gravy
Mashed potatoes
Kiwi
Dinner roll
Milk **13**

3 Chicken patty sand.
Broccoli
Applesauce
Milk **14**

4 Salisbury steak
Potato rounds
Breadstick
Mixed fruit
Milk **15**

N O **18**

S C H O O L **19**

N O **20**

S C H O O L **22**

NO SCHOOL **25**

1 Tenderloin sand
Sweet potato fries
Mandarin oranges
Milk **26**

2 Turkey & gravy
Mashed potatoes
Dinner roll
Pears
Milk **27**

3 Cheeseburger
Baked beans
Pineapple
Milk **28**

4 Chicken nuggets
Cheesy broccoli
Applesauce
Breadstick-HS
Milk **29**